



## L U N C H

### P R A G S A N D W I C H

(A1, H4, K)

sourdough bread, arugula, homemade pesto, avocado, dry tomato, sesame, fresh tomato, homemade hummus, (V)

9,5

### K A R L S B A D S A N D W I C H

(A1, G, H4, J, K)

sourdough bread, arugula, homemade pesto, irish cheddar, nutty edammer, pumpernickel bread radish, homemade hummus

9,5

### B A R A ´ S B O W L

(A4, G, H1, 2)

yogurt, homemade granola, fruits, coconut, dry cranberrys (also (V))

9,5

### M I C H I ´ S B O W L

(A4, G, H1, 2)

yogurt, homemade granola, chocolate, banana, coconut, cinnamon (also (V))

9,5

### P O L I S H P O R R I D G E

(A1, 3, 4, H2)

with oats, barley, banana, cinnamon & mapelsirup, (V)

9,5

Mo-Fr from 13:15, Sa from 14:15

**A**= GLUTENHALTIGES GETREIDE (WEIZEN 1, ROGGEN 2, GERSTE 3, HAFER 4, DINKEL 5, KAMUT 6, HYBRIDSTÄMME7)

**G**= MILCH UND MILCHPRODUKTE (EINSCHLIESSLICH LAKTOSE)

**H**= SCHALENFRÜCHTE (MANDEL1, HASELNUSS2, WALNUS3, CASHEW4, PECANNUSS5, PARANUSS6, PISTAZIE7, MACADAMIANUSS8 UND QUEENSLANDNUSS9)

**J**= SENF

**K**= SESAMSAMEN